

Simple Tips on How to Keep Skin Looking Young, Healthy and Beautiful



Looking beautiful and young shouldn't cost you a fortune if you do it the right way. There are simple steps you can do to achieve your aim and they include :

Diet

- Eat a good and healthy diet of mostly fruits and vegetables as this will help you get the vital nutrients that will nourish your body and make your skin look healthy and youthful.
- Fruits and vegetables contain antioxidants that counter the activities which are the major causes of premature aging.

Water

- Drink at least 8 glasses of water a day.
- Water helps to keep your skin hydrated and removes toxins from your body.

Healthy life style

- Maintain a healthy lifestyle by not smoking. If you must drink alcohol, do it moderately.

Natural skin care product

- Use only natural products that contain vital ingredients that can hydrate, repair and revitalize your skin.
- Some of the ingredients you should look for include pure aloe vera extract, natural vitamin E, ganoderma extract, olive extract etc. These ingredients have been proven to help keep your skin looking young and healthy.

You can see that you do not need to spend so much money in your search to keep your skin looking young. Just follow the above tips and see the wonderful transformation it will have on your skin. As for skin care products, you may want to try out the **DXN Aloe.V Series** as it is specially formulated using **pure aloe vera extract** with a blend of **other beneficial botanical extracts** to **hydrate and soothe skin while preventing a breakdown of the skin's protective barrier**.

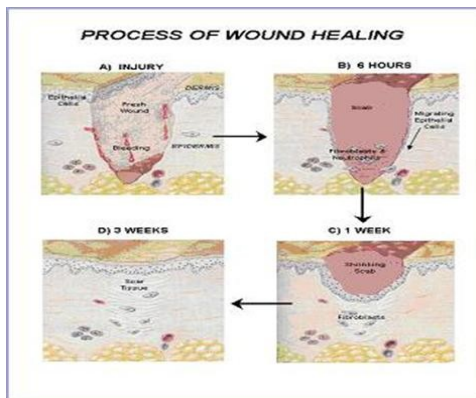
Aloe Vera – Know All About This Nature's Wonder



Aloe Vera is a cactus-like plant but is actually part of the lily family. There are over 300 varieties of the Aloe plant, but it is the *Aloe barbadensis* variety that exhibits the best medicinal properties.

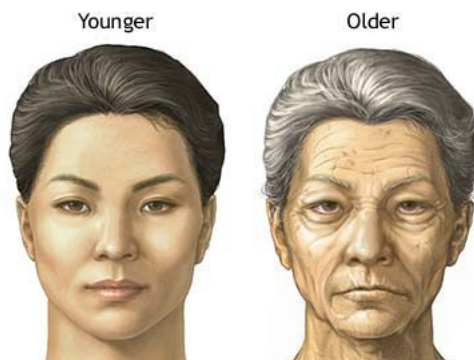
Benefits of Aloe Vera on Skin

1. Burn & Wound Healing



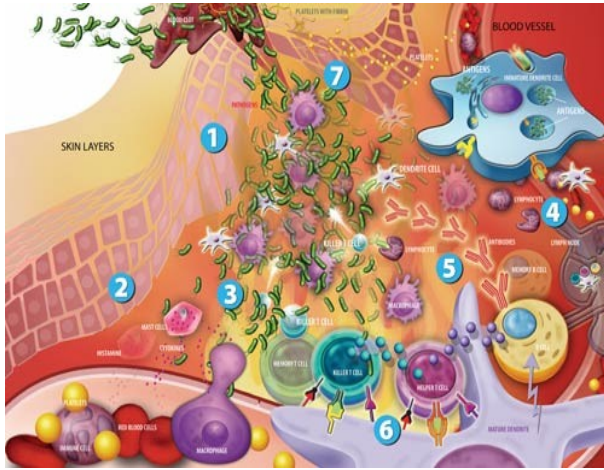
Aloe Vera increases both the rate of wound closure and the tensile strength of the wound via proliferation of cells, including skin, liver, nerve and blood cells.

2. Delay Aging of the skin



Aloe Vera have been found to reverse degenerative skin changes by stimulating collagen and elastin synthesis.

3. Immune System Restoration



Aloe Vera prevents suppression of the skin's immune system.

4. Moisturizer



Aloe Vera improves the skin's ability to hydrate itself, aids in the removal of dead skin cells and has an effective penetrating ability that helps transport healthy substances through the skin.

Best of DXN Aloe.V Series

- Pure aloe vera extract

- Natural ingredients

- Nutrients quickly absorbed by skin

- Non-greasy formula

- Keep skin hydrated

- Soothe skin

- Restore skin radiance

- Maintain natural skin pH



- Keep skin moisturized

- Soften skin

DXN Aloe.V Series – Application Steps

Morning (Facial Care)



Cleansing Gel

+



Hydrating Toner

+



Aqua Gel

Night (Facial Care)



Cleansing Gel

+



Hydrating Toner

+



Nutricare Cream

Morning/ Night (Hand & Body Care)



Hand & Body Lotion